

# Oldham Main Pool Programme

(School Term Time Only)

Day	Time	Session	Pool	Lanes
Mon	06:30 - 09:30	Lane Swim	Main Pool	8
Mon	09:30 - 10:30	Relaxed Swim	Main Pool	4
Mon	10:30 - 11:45	Relaxed Swim	Main Pool	4
Mon	11:45 - 13:00	Adult Lane Swim	Main Pool	8
Mon	14:45 - 15:45	Adult Lane Swim	Main Pool	8
Mon	14:45 - 18:00	Adult Lane Swim	Main Pool	2
Mon	16:00 - 18:00	Family Swim	Main Pool	2
Mon	18:15 - 21:00	Adult Lane Swim	Main Pool	1
Tue	06:30 - 09:30	Adult Lane Swim	Main Pool	8
Tue	06:30 - 11:30	Members Lane Swim	Main Pool	1
Tue	09:30 - 11:30	Adult Lane Swim	Main Pool	1
Tue	12:30 - 13:15	Adult Lane Swim	Main Pool	8
Tue	13:15 - 15:00	Relaxed Swim	Main Pool	4
Tue	15:00 - 16:00	Family Swim	Main Pool	8
Tue	16:00 - 21:00	Adult Lane Swim	Main Pool	2
Wed	06:30 - 09:00	Adult Lane Swim	Main Pool	8
Wed	09:00 - 10:00	Relaxed Swim	Main Pool	4
Wed	10:15 - 11:00	Relaxed Swim	Main Pool	2
Wed	11:00 - 12:15	Relaxed Swim	Main Pool	4
Wed	12:15 - 13:00	Adult Lane Swim	Main Pool	8
Wed	13:00 - 15:00	Relaxed Swim	Main Pool	4
Wed	15:15 - 17:00	Adult Lane Swim	Main Pool	2
Wed	15:15 - 16:00	Family Swim	Main Pool	6
Wed	16:00 - 17:00	Family Swim	Main Pool	6
Wed	17:00 - 18:00	Public Swim	Main Pool	6
Wed	18:00 - 18:45	Public Swim	Main Pool	6
Thu	06:30 - 09:30	Adult Lane Swim	Main Pool	8
Thu	09:30 - 12:00	Public Swim	Main Pool	4
Thu	12:00 - 13:00	Adult Lane Swim	Main Pool	8
Thu	13:00 - 15:00	Relax Swim	Main Pool	4
Thu	15:00 - 15:45	Adult Lane Swim	Main Pool	8
Thu	19:45 - 21:00	Adult Lane Swim	Main Pool	8
Fri	06:30 - 09:30	Adult Lane Swim	Main Pool	8
Fri	09:30 - 12:00	Public Swim	Main Pool	4
Fri	12:00 - 13:00	Adult Lane Swim	Main Pool	8
Fri	13:00 - 14:15	Relaxed Swim	Main Pool	4
Fri	14:30 - 15:30	Family Swim	Main Pool	6
Fri	14:30 - 15:30	Adult Lane Swim	Main Pool	2
Fri	15:30 - 17:45	Adult Lane Swim	Main Pool	2

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Day	Time	Session	Pool	Lanes
Sat	08:00 - 08:45	Adult Lane Swim	Main Pool	8
Sat	13:00 - 14:00	Family Swim	Main Pool	8
Sat	14:00 - 15:00	Public Swim	Main Pool	4
Sat	15:00 - 16:00	Family Swim	Main Pool	4
Sun	08:00 - 09:30	Adult Lane Swim	Main Pool	7
Sun	08:00 - 14:30	Members Lane Swim	Main Pool	1
Sun	09:45 - 10:45	Family Swim	Main Pool	7
Sun	11:00 - 12:00	Family Swim	Main Pool	7
Sun	12:15 - 13:15	Adult Lane Swim	Main Pool	7
Sun	13:15 - 14:15	Public Swim	Main Pool	7
Sun	14:45 - 15:45	Women Only Family Swim	Main Pool	8

# Oldham Learner Pool Programme

(School Term Time Only)

Day	Time	Session	Pool	Lanes
Mon	10:00 - 10:55	Family Swim	Learner Pool	2
Mon	11:00 - 11:55	Family Swim	Learner Pool	2
Mon	12:00 - 12:55	Family Swim	Learner Pool	3
Tue	09:00 - 09:45	Family Swim	Learner Pool	3
Tue	10:00 - 11:00	Family Swim	Learner Pool	2
Tue	11:15 - 12:15	Family Swim	Learner Pool	2
Tue	12:30 - 13:30	Family Swim	Learner Pool	3
Wed	15:00 - 15:55	Family Swim	Learner Pool	3
Wed	16:00 - 16:55	Family Swim	Learner Pool	3
Wed	17:00 - 17:55	Family Swim	Learner Pool	3
Wed	18:00 - 18:55	Family Swim	Learner Pool	3
Thu	12:00 - 13:00	Family Swim	Learner Pool	3
Fri	10:00 - 10:55	Family Swim	Learner Pool	3
Fri	12:00 - 13:00	Family Swim	Learner Pool	3
Fri	14:00 - 15:00	Family Swim	Learner Pool	3
Sat	13:15 - 14:00	Family Swim	Learner Pool	1
Sat	14:15 - 15:00	Family Swim	Learner Pool	1
Sun	08:30 - 09:30	Family Swim	Learner Pool	2
Sun	09:45 - 10:45	Family Swim	Learner Pool	2
Sun	11:00 - 12:00	Family Swim	Learner Pool	2
Sun	12:15 - 13:15	Family Swim	Learner Pool	2
Sun	13:30 - 14:30	Family Swim	Learner Pool	3
Sun	14:45 - 15:45	Women Only Family Swim	Learner Pool	3