

# Saddleworth Health Suite Programme

All Mixed Sessions

Day	Time	Session
Monday	06:15 - 20:30	Mixed
Tuesday	06:15 - 20:30	Mixed
Wednesday	06:15 - 20:30	Mixed
Thursday	06:15 - 20:30	Mixed
Friday	06:15 - 20:30	Mixed
Saturday	08:30 - 17:30	Mixed
Sunday	08:30 - 17:30	Mixed

▪ **First Monday of every month the area closed for deep cleaning and maintenance**